



# **WHAT ARE YOU GIVING UP FOR LENT THIS YEAR? CONSIDER THIS...**

- Sacrifice:** 90 minutes a week for 7 weeks
- Prayer:** Reflect on the Sunday readings and the parish's mission with a small group
- Service:** Decide on an action either individually or as a group to live out the Sunday Gospel
- Rewards:** Renewed enthusiasm for the Catholic faith, empowerment to live out your convictions every day, more intimate relationship with Jesus and other Disciples of Christ, etc...

**Get off the bench and join our team of over 300 "Disciples in Mission" in over 35 small groups cluster-wide!**

**Signup after all Masses on Jan. 23-24 and Jan. 30-31. Materials are just \$5.  
For more info, contact your parish office.**

**God's Love  
Changes Everything...**